



The Arc of Indiana Board of Directors  
Position Statement  
Medicaid Expansion & Medicaid Managed Care  
March 4, 2013

Indiana has a unique opportunity to expand health care coverage to Hoosiers, and grow the economy, by expanding Medicaid coverage as provided under the Affordable Care Act. The Arc of Indiana supports Medicaid expansion not only because it will allow more people with disabilities to work and maintain health care benefits, but also will greatly help those uninsured working families who have a child with a disability but earn too much to be eligible for Medicaid.

A report released by the Indiana Hospital Association found that an expansion of Indiana's Medicaid program under the Affordable Care Act (ACA) would generate up to \$3.4 billion in new economic activity in the state, result in at least \$108 million in additional state and local tax revenue each year and support more than 30,000 jobs through 2020. The study estimates that extending coverage for uninsured residents would bring Indiana more than \$10 billion in funding from the federal government through 2020. According to the report, if Indiana chooses to opt into the expansion, more than 406,000 Hoosiers would receive health coverage. To read the full report, please visit, "[Indiana Hospital Association, Medicaid Expansion in Indiana.](#)"

As part of the Medicaid expansion debate, Indiana is exploring the development of a managed care program for all persons in the "aged, blind and disabled" population for acute and long-term care. This would have a significant impact on people with intellectual and developmental disabilities (I/DD), their families, and those who provide services and supports to this unique population.

The Arc of Indiana and Self-Advocates of Indiana support an approach to managed care that:

- Addresses the wide and varied needs of the diverse population of people with I/DD
- Coordinates beneficiaries preventative, acute and long-term services through the use of a strong "health home" that understand their needs
- Prioritizes the use of home and community-based supports and engages people in spending resources wisely that meet their needs
- Provides for the integration of behavioral and physical health
- Utilizes the experience of community based providers who have long worked with people with I/DD and understand them and their community
- Offers networks that include all willing and qualified providers
- Carefully considers access to care for people in rural areas

If developed in a thoughtful way, in collaboration with self-advocates, families and providers, a managed care approach could provide a cost-effective approach to preventative, acute and long-term health care.

It is important that stakeholders - including self-advocates, family members, caregivers and the broad range of providers that support this population - have a voice in how any managed care contract is written and in the design and selection of MCO's, including how provider selection criteria, benefit plans and implementation plans are developed.

It is essential that beneficiaries have choices in selecting providers for both primary and long-term care. Services must be readily available and physically accessible so that individuals can receive a wide range of sound preventative, acute and long-term services through providers who are familiar with their needs and who involve them in decision making.

A successful managed care program must engage individuals in a shared savings concept that incentivizes the wise use of resources. Beneficiaries must be engaged in developing healthy lifestyles and understanding the importance of the effective use of limited resources, particularly in regard to long term care.

The Arc of Indiana and Self-Advocates of Indiana strongly support taking the time and care to study the experience of other states regarding managed care for people with I/DD, including the use of a "carve out" for the population of persons with I/DD. In particular, the experience of Iowa's managed care program should be reviewed. In addition, consideration should be given to a pilot and/or a slow roll out of any managed care initiative.

The Arc and Self-Advocates of Indiana recognize we are living in a time of great change. In response, The Arc has laid out a transformational plan, a [Blueprint for Change](#), that guides us in our work to empower people to shape their own future, nurture and create natural systems of support, and strengthen the foundation of programs and services. We believe that if approached in a thoughtful way, Medicaid Expansion and Medicaid Managed Care offer great opportunities towards achieving the spirit of these goals. We look forward to working with other stakeholders who share our interests in moving Indiana forward.